



Dear Patient,

Thank you for taking this step towards gaining a greater understanding of your health by measuring your telomeres with Life Length's unique and proprietary Telomere Analysis Technology (TAT).

The Life Length TAT determines the percentage of critically short telomeres in your blood sample. It is the percentage of short telomeres and not mean (or average) telomere length that is most indicative of aging in individuals and which contributes to the potential for development of age-related diseases and from which Life Length is able to calculate an individual's estimated biological (vs. chronological) age. This test is a tool for you and your physician to gain insight into your rate of aging and be able to make recommendations regarding the factors that influence in it including changes in life-style habits and potentially appropriate nutritional and nutraceutical supplements, always under your doctor's guidance.

There is an anonymous questionnaire involved with your TAT test. Below is your login and password at www.lifelength-questionnaire.com. Every patient taking this test must complete the questionnaire as this will add value to the specificity and detail of your results. If you experience any technical issues, please e-mail us with a description of the problem at technicalsupport@lifelength.com. Please note that we cannot generate your results report until the questionnaire has been completed.

**PLACE PATIENT
STICKER HERE**